

Flow Chart – Implementing Behaviour Support Plans

Implementing Behaviour Support Plans – Behaviour support under the NDIS
Commission places a clear focus on person-centred interventions with the aim of reducing and eliminating the use of restrictive practices

Each participant accesses behaviour support that is appropriate to their needs which incorporates evidence-informed practice and complies with relevant legislation and policy frameworks.

An NDIS **BSP** is a document developed for a participant by an NDIS Behaviour Support Practitioner. A **BSP** specifies a range of person-centred, proactive strategies that focus on the individual needs of a person, in order to

1. build on the person's strengths
2. increase their opportunities to participate in community activities
3. increase their life skills.

It also includes any regulated restrictive practices that may be required. A **BSP** is developed in consultation with the participant, their family, carers, guardian, and other relevant people, as well as GROW as the implementing service provider.

All **BSP** that contain restrictive practices must be lodged with the NDIS Commission. If the **BSP** does not include any regulated restrictive practices, the NDIS Commission does not need to be notified. However, the practitioner developing the plan still needs to be registered as a Specialist Behaviour Support Practitioner.

A **restrictive practice** is any practice or intervention that has the effect of restricting the rights or freedom of movement of a person with disability.

Behaviour Support Rules define five types of regulated restrictive practices:

1 - Seclusion - The sole confinement of a person with disability in a room or a physical space

2 - Chemical restraint - The use of medication or chemical substance for the primary purpose of influencing a person's behaviour

3 - Mechanical restraint - The use of a device to prevent, restrict or subdue person's movement for the primary purpose of influencing a person's behaviour.

4 - Physical restraint - The use or action of physical force to prevent, restrict or subdue movement of a person's body, or part of their body, for the primary purpose of influencing their behaviour. Physical restraint does not include the use of a hands-on technique in a reflexive way to guide or redirect a person away from potential harm or injury

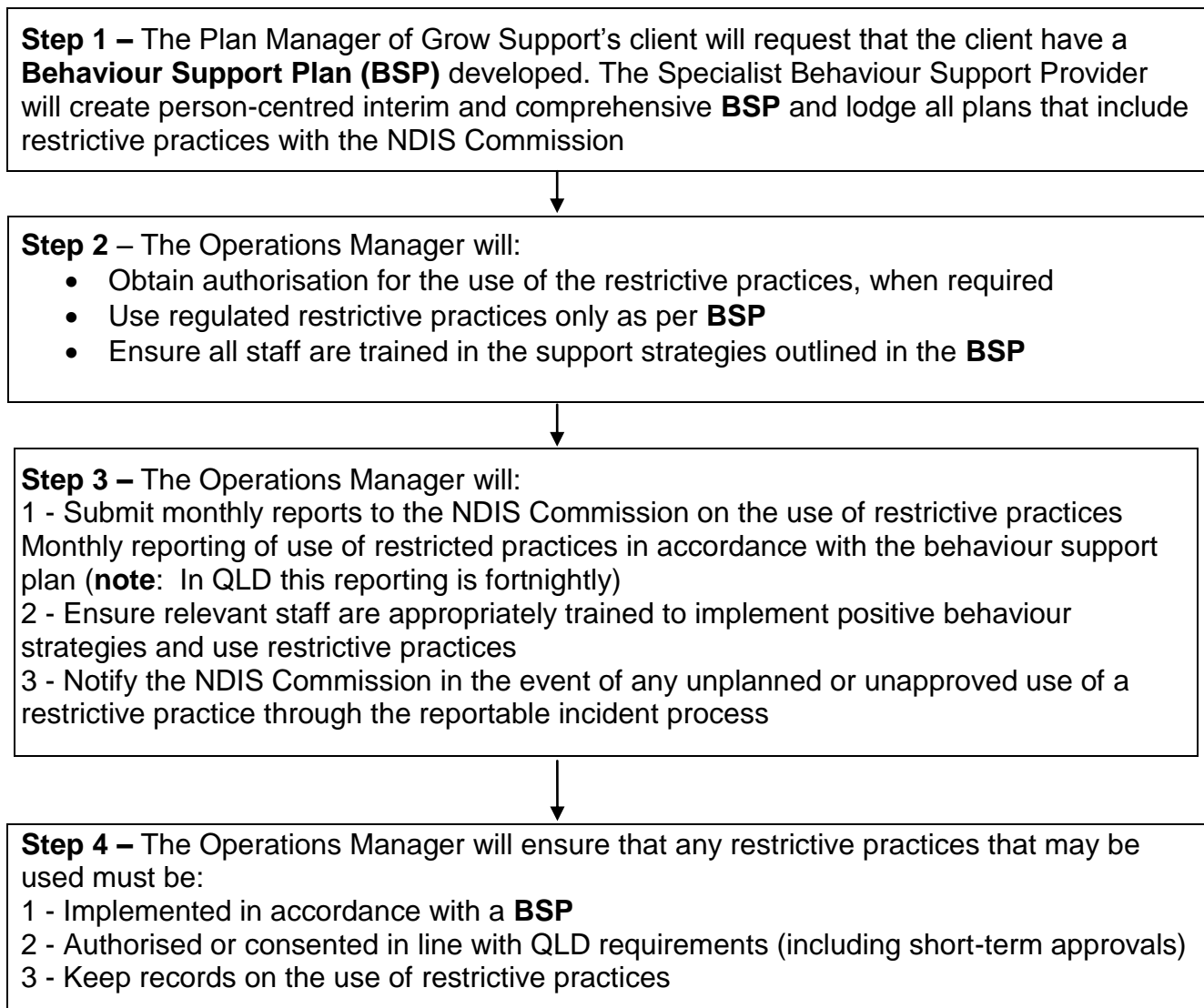
5 - Environmental restraint - Restricting a person's free access to all parts of their environment, including items or activities

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Regulated restrictive practices can only be used in the context of:

- Reducing the risk of harm to the self or others
- Clearly being identified in a **BSP**
- Authorisation, however described by the state of QLD where required
- Only being used as a last resort
- Being the least restrictive response available
- Being proportionate to the potential harm to self or others
- Being used for the shortest possible time
- The participant being given opportunities to develop new skills that have the potential to avoid the need for a restrictive practice

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Monitoring and Reporting

The Specialist Behaviour Support Provider undertakes monthly reporting to NDIS Commission of all restrictive practices used report any unauthorised use of restrictive practices to the NDIS Commission as reportable incidents.

BSP Evaluation and Review

The Specialist Behaviour Support Provider will

- Conduct plan reviews annually or more often if the person's circumstances change
- Evaluate **BSP** effectiveness
- Develop fade-out strategies for the use of the restrictive practice

GROW will comply with reportable incident requirements, e.g. when a restrictive practice requires authorisation but this has not been obtained

- If the practice is used it must be reported within 5 days
- GROW will take all steps to facilitate the engagement of a Behaviour Support Practitioner if a behaviour of concern arises or if a **BSP** needs to be reviewed
- Support staff will receive appropriate training in implementing evidence-informed strategies
- GROW will work with the Behaviour Support Practitioner to monitor outcomes for the participant and the progress of the **BSP's** implementation

GROW will use the NDIS Commission's C-BAS Portal to report on the monthly use of any regulated restricted practice that is described in the **BSP**.

Note: any unauthorised or unplanned use of a restrictive practice is a **reportable incident**

Role of the Authorising Reporting Officer (Operations Manager)

The Operations Manager responsible for reviewing and submitting monthly reports on the use of restrictive practices

Fields included are:

- Restrictive practice type and subtype
- Duration
- Where was it used
- Behaviour of concern
- Free text comments section

Monthly reports are to be submitted to the commission on the first day of the next month (for the preceding month and are due 5 business days after the end of the month).